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6959340001

S

4. Title of the invention

"Drug Trial Assay System"

5. Name of your agent (if you have one)

 Murgitroyd & Company
 373 Scotland Street
 GLASGOW
 G5 8QA

 "Address for service" in the United Kingdom
 to which all correspondence should be sent
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I/We request the grant of a patent on the basis of this application.

Signature *Murgitroyd & Company* Date 15 March 1996
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1 "Drug Trial Assay System"

2

3 The present invention relates to drug trials, usually
4 carried out for or on behalf of pharmaceutical
5 companies. More particularly the invention relates to
6 a method for improving the efficacy of drug trials.

7

8 In the different stages of drug trials, regulatory
9 authorities in different European countries and the FDA
10 in the USA require extensive data to be provided in
11 order to approve use of the drugs.

12

13 It is important that as much information as possible is
14 available in relation to all participants who take part
15 in drug trials, from volunteers who take part in phase
16 1 trials to patients involved in stage 3 clinical
17 trials.

18

19 In particular, if certain individuals or groups of
20 individuals have severe or abnormal reactions to drug
21 administration, further studies involving that drug
22 will be in jeopardy unless the reason for the reaction
23 is realised.

24

25 The knowledge of pharmacogenetics can play an important

1 role in understanding the impact of drug metabolism on
2 pharmacokinetics, role of receptor variants in drug
3 response and in the selection of patient populations
4 for clinical studies.

5
6 Considerable effort has been expended in attempting to
7 identify the pharmacogenetic basis of idiosyncsatic
8 adverse drug reactions, particularly hypersensitivity
9 reactions. While there is clear evidence for
10 pharmacogenetic influence on susceptibility to
11 hypersensitivity reactions, necessary and sufficient
12 pharmacogenetic defects have not been identified.
13

14 The clinical implications of genetic polymorphism in
15 drug metabolism have been studied extensively (See
16 Tucker GT (1994) Journal Pharmacology 46 pages 417-
17 424).

18
19 Gilbert's Syndrome (GS) is a benign unconjugated
20 hyperbilirubinaemia occurring in the absence of
21 structural liver disease and overt haemolysis and
22 characterized by episodes of mild intermittent
23 jaundice. It is part of a spectrum of familial
24 unconjugated hyperbilirubinaemias including the more
25 severe Crigler-Najjar (CN) syndromes (types 1 and 2).
26 GS is the most common inherited disorder of hepatic
27 bilirubin metabolism occurring in 2-12% of the
28 population and is often detected in adulthood through
29 routine screening blood tests or the fasting associated
30 with surgery/intercurrent illness which unmasks the
31 hyperbilirubinaemia¹⁻³. The most consistent feature in
32 GS is a deficiency in bilirubin glucuronidation but
33 altered metabolism of drugs has also been reported³⁻⁵.
34 Altered rates of bilirubin production, hepatic haem
35 production and altered hepatic uptake of bilirubin have
36 been reported in some GS patients².

1 Due to the benign nature of the syndrome and its
2 prevalence in the population it may be more appropriate
3 to consider GS as a normal genetic variant² exhibiting a
4 reduced bilirubin glucuronidation capacity (which in
5 certain situations such as fasting, illness or
6 administration of drugs) could precipitate jaundice.

7

8 In drug trials where high levels of serum total
9 bilirubin is detected for certain individuals, it is
10 not clear whether this is because the individuals have
11 Gilbert's Syndrome or if it because of an effect of the
12 drug. Whereas presently, results are explained merely
13 by saying that the individuals have Gilbert's Syndrome,
14 it is suspected that in the future, it will be
15 necessary to prove this fact.

16

17 Where a jaundiced phenotype is apparent after
18 volunteers have been accepted for a trial and have been
19 subjected to five days of a strict diet, no alcohol and
20 no smoking, the jaundiced appearance giving an
21 indication that the individuals have Gilbert's
22 Syndrome, may cause them to be ruled out of the trials.
23 Therefore, where approximately 250 individuals would be
24 required for phase 1 trials and about 6000 patients for
25 phase 3 trials, unnecessary time and effort would have
26 been spent during the first 5 days of these trials and
27 individuals having Gilbert's Syndrome may be ill
28 effected.

29

30 The present invention aims to provide a method of
31 improving the efficacy of drug trials in view of the
32 problems mentioned above.

33

34 According to the present invention there is provided a
35 method for improving the efficacy of drug trials, the
36 method comprising the step of screening samples from

1 individuals for the genetic basis of Gilbert's
2 Syndrome.

3

4 In a preferred embodiment of the invention the method
5 comprises the steps taking a sample from each potential
6 participant in a drug trial, screening the samples for
7 the genetic basis of Gilbert's Syndrome, identifying
8 participants having the genetic basis of Gilbert's
9 Syndrome.

10

11 The sample may comprise blood, a buccal smear or any
12 other sample containing DNA from the individual to be
13 tested.

14

15 In one embodiment the method comprises the further step
16 of eliminating participants having the genetic basis of
17 Gilbert's Syndrome from the drug trial.

18

19 Alternatively the results of the drug trials can be
20 interpreted in the knowledge that certain participants
21 have Gilbert's Syndrome.

22

23 Preferably the method comprises the steps of isolating
24 DNA from each sample, amplifying the DNA in a region
25 indicating the genetic basis of Gilbert's Syndrome,
26 isolating amplified DNA fragments by gel
27 electrophoresis and identifying individuals having the
28 genetic basis of Gilbert's disease.

29

30 Preferably the DNA is amplified using the polymerase
31 chain reaction (PCR) using a radioactively labelled
32 pair of nucleotide primers.

33

34 The primers are designed to prime the amplification
35 reaction at either side of an area of the genome known
36

1 to be associated with Gilbert's Syndrome.

2

3 Preferably the DNA region indicating the genetic basis
4 of Gilbert's Syndrome is the gene encoding UDP-
5 glucuronosyltransferase (UGT).

6

7 By gene is meant, the non coding and coding regions and
8 the upstream and downstream noncoding regions.

9

10 In a preferred embodiment the DNA to be amplified is in
11 an upstream promoter region of the UGT1*1 exon1.

12

13 Most preferably the DNA to be amplified includes the
14 region between -35 and -55 nucleotides at the 5' end of
15 UGT1*1 exon1.

16

17 According to the invention there are provided suitable
18 primers for use in a PCR reaction including primer
19 pairs;

20

21 (A, 5'-AAGTGAACTCCCTGCTACCTT-G',
22 B, 5'-CCACTGGGATCAACAGTATCT-3') or
23 C/D (C, 5'-GTCACGTGACACAGTCAAAC-3';
24 D 5'-TTTGCTCCTGCCAGAGGTT-3')

25

26 The invention further comprises a kit for screening
27 individuals for participation in drug trials, the kit
28 comprising primers for amplifying DNA in a region of
29 the genome indicating the genetic basis of Gilbert's
30 Syndrome.

31

32 Using primer sequences as described herein, DNA can be
33 amplified and analysed using among others any of the
34 following protocols;

35

36 Protocol 1 Radioactive method

- 1 1. Extract DNA from Buccal Cells or 3ml Blood.
- 2
- 3
- 4 2. Choose primers from either side of the "TATA" box
- 5 region of UGT1*1 exon1 regulatory sequence.
- 6 Freshly end label one primer with $[\gamma^{32}\alpha]$ -ATP (40
- 7 min).
- 8
- 9 3. Amplifying a small region up to 100 bp in length
- 10 by PCR (2h).
- 11
- 12 4. Apply to 6% PAG denaturing gel (preparation,
- 13 loading, run time, 4h).
- 14
- 15 5. Expose (-70°C) wet gel to autoradiographic film
- 16 (15 min).
- 17

18 This method takes about 7h to complete. Polymorphisms
19 only observed in TATA box non coding region todate.

20

21 Protocol 2

22 Alternative Radioactive Method: Solid Phase
23 Minisequencing

- 24
- 25 1. Extract DNA (as above)
- 26
- 27 2. Prepare primers biotinylating one
- 28
- 29 3. Amplify DNA by PCR using primers
- 30
- 31 4. Capture biotinylated PCR products on streptavidin
- 32 coated support and deactivate.
- 33
- 34 5. Carry out primer extension reaction sequencing.
- 35
- 36 Protocol 3

1 Non-Radioactive Methods:

2

3 (a) Analysis by Single Strand Conformational
4 Polymorphism (SSCP)

5 1. Extract DNA (as above).

6

7 2. Choose primers either side of the TATA Box.

8

9 3. Amplify a small region up to 100 bp in length by
10 PCR (2H).

11 4. Denature and place on ice (15 min).

12

13 5. Load onto a non-denaturing PAG gel,
14 (preparation/load/run time, 4h).

15

16 6. Stain with Ethidium bromide or silver nitrate (30
17 mm).

18

19 This method still takes about 7h to complete, but is
20 potentially slightly cheaper since there is no
21 radioactivity or autoradiography.

22

23 This method could be done on an automated DNA sequencer
24 from stage 5, if primers are tagged with chromophores
25 in PCR stages 2 and 3. Result would then be read
26 automatically.

27

28 (b) Oligonucleotide Assay Hybridization

29

30 1. Extract DNA (as above).

31

32 2. Choose primers and amplify DNA by PCR up to 100 bp
33 in length.

34

35 3. Apply DNA to plastic grids.

36

- 1 4. Screen bound DNA samples with specific DNA probes
- 2 for TA₅, TA₆, TA₇ tagged with different
- 3 coloured/fluorescent chromophores.
- 4
- 5 5. Read output automatically for experimental
- 6 protocols.
- 7

8 References

9

- 10 (a) Monaghan G et al. Lancet (1996) 347 578-581.
- 11
- 12 (b) "Detection of polymorphisms of human DNA by gel
- 13 electrophoresis or single-strand conformational
- 14 polymorphisms". Orita M et al. Proc Natl Acad
- 15 Sci (USA) (1989) 86 2766-2700.
- 16
- 17 (c) "Assays of complementary oligonucleotides for
- 18 analysing Hybridization behaviour of Nucleic
- 19 Acids". Southern E M. Nuc Acids Res (1994) 22
- 20 1368-1373.
- 21
- 22

1 The basis of the invention is illustrated in the
2 following example with reference to the accompanying
3 figures wherein:

4

5 Figure 1 illustrates genotypes at the TATA box sequence
6 upstream of the UGT1*1 exon 1 determined by direct
7 sequencing and radioactive PCR. A photographic
8 representation of the sense DNA sequences obtained by
9 PCR/direct sequencing of DNA samples having the
10 genotypes 6/6, 6/7 and 7/7. The common allele,
11 (TA)₆TAA, is denoted by "6" while the rarer allele,
12 (TA)₇TAA, is denoted by "7". Below each sequence is an
13 overexposed photographic representation of the 98 to
14 100bp resolved fragments amplified using primer pair
15 C/D which flank the TATA sequence upstream of the
16 UGT1*1 exon 1. The additional fragments of 99 and 101
17 bases are thought to be artifacts of the PCR process
18 where there is non specified addition of an extra
19 nucleotide to the 3' end of the amplified product²¹.

20 Figures 1b illustrates results after testing a range of
21 unknown individuals.

22

23 Figure 2 illustrates serum total bilirubin (μ mol/l)
24 plotted against UGT1*1 exon 1 genotype. Males (M) and
25 females (F) are plotted separately. Each circle/square
26 represents the result of a single control subject. The
27 squares indicate the 14 controls who also underwent the
28 24 hour restricted diet (see Methods). The filled
29 circles/squares represent those who had a lower than
30 normal PSAT ($\leq 22\%$) while the half-tone circles
31 represent those who had a higher than normal PSAT (\geq
32 55%). The mean STB concentrations (indicated by the
33 horizontal lines) for males were 13.24 ± 3.88 (6/6),
34 13.94 ± 6.1 (6/7) including control h or 12.69 ± 3.34
35 excluding control h, 29 ± 14.45 (7/7) and for females
36 were 9 ± 3.62 (6/6), 12.2 ± 3.53 (6/7), 21.6 ± 7.8

1 7/7). The encircled result is from control h
2 (discussed in the text).

3

4 Figure 3 illustrates segregation of the 7/7 genotype
5 with elevated serum total bilirubin concentration in a
6 family with GS. Males and females are represented by
7 squares and circles, respectively. Filled and half-
8 filled circles/squares indicate the genotypes 7/7 and
9 6/7, respectively. The numbers in parentheses below
10 each member of the pedigree are the STB concentrations
11 measured after a 15 hour fast and 7 day abstinence from
12 alcohol. All family members were non smokers who were
13 not taking any medication when the biochemical tests
14 were performed. Elevated STB are underlined.
15 Individual members of each generation (I or II) are
16 denoted by the numbers 1-4 above each circle/square.
17 Generation III have not yet been tested.

18

19 Figure 4 illustrates the 5' sequence of the UGT1*1 exon
20 1 and the position of the primers with respect to the
21 UGT gene.

22

23 Table 1

24 Comparison of the UGT1*1 exon 1 genotype with elevation
25 in the serum total bilirubin after a 24 hour 400-
26 calorie restricted diet¹⁴. An elevation of the fasting
27 STB to a final concentration in the range 25-50 μ mol/l
28 is considered to be diagnostic for GS¹⁴. The 7/7
29 subject denoted by * has a fasting and non-fasting STB
30 of > 50 μ mol/l but this value is within a range
31 considered by others to conform to a diagnosis of GS⁷⁻¹¹.

32

33 Example

34

35 We have examined the variation in the serum total
36 bilirubin (STB) concentration in a representative group

1 of the Eastern Scottish population (drug-free, alcohol-
2 free non-smokers) in relation to genotype at the UDP-
3 glucuronosyltransferase subfamily 1 (UGT1) locus.
4 Subjects with the 7/7 genotype in this population have
5 a significantly higher STB than those with 6/7 or 6/6
6 genotypes. Of 14 control subjects who underwent a 24
7 hour fast to establish whether they had Gilbert
8 Syndrome (GS), only 7/14 subjects had GS. In addition,
9 one confirmed GS patient, two recurrent jaundice
10 patients and 9 clinically diagnosed GS patients had the
11 7/7 genotype. Segregation of the 7/7 genotype with
12 elevated STB concentration has also been demonstrated
13 in a family of 4 Gilbert members. This incidence of
14 the 7/7 genotype in the population is 10-13%. Here, we
15 demonstrate a correlation between variation in the
16 human STB concentration and genotype at a TATA sequence
17 upstream of the UGT1*1 exon 1 and that the 7/7 genotype
18 is diagnostic for GS.

19
20 The inheritance of GS has been described as autosomal
21 dominant or autosomal dominant with incomplete
22 penetrance based on biochemical analysis⁶. More recent
23 reports have suggested that the mildly affected
24 (Gilbert) members of families in which CN type 2 (CN-2)
25 occurs are heterozygous for mutations in the UDP-
26 glucuronosyltransferase subfamily 1 (UGT1) gene which
27 cause CN-2 in the homozygous state. The inheritance of
28 GS in these families is autosomal dominant while CN-2
29 is autosomal recessive⁷⁻¹¹. However, the incidence of
30 CN-2 in the population is very rare and the frequency
31 of alleles causing CN-2 would not be sufficient to
32 explain the population incidence of GS.

33
34 An abstract by Bosma et al¹² suggested a correlation
35 between homozygosity for a 2bp insertion in the TATA
36 box upstream of UGT1*1 exon 1 and GS (no mutations were

1 found in the coding sequence of the UGT1*1 gene). In
2 this report we demonstrate that the primary genetic
3 factor contributing to the variation in the serum total
4 bilirubin (STB) concentration in the Eastern Scottish
5 population is the sequence variation reported by Bosma
6 et al¹². In addition, we show that the 7/77 genotype is
7 associated with GS and occurs in 10-13% of the
8 population.

9

10 Methods

11 Patients and Controls

12 Whole blood (3ml) was collected into EDTA(K3)
13 Vacutainer tubes (Becton Dickinson) from one confirmed
14 male Gilbert patient (diagnosed following a 48 hour
15 restricted diet¹³), two female patients with recurrent
16 jaundice/associated elevated STB (29-42 μ mol/l) and 9
17 (1 female, 8 male) clinically diagnosed GS subjects
18 (persistent elevation of the STB amidst normal liver
19 function tests.) The patients were aged 22-45 years.

20

21 77 non-smoking residents selected at random from the
22 Tayside/Fife region of Scotland (39 females aged 19-58
23 years, mean 32.41 ± 10.94 ; 38 males aged 23-57, means
24 35.58 ± 9.04) participated in this study. Whole blood
25 (9ml) was collected 8-10am) into EDTA(K3) Vacutainer
26 tubes (Becton Dickinson) for DNA extraction and SST
27 Vacutainer tubes (Becton Dickinson) for biochemical
28 investigations. The subjects had not taken any
29 medication or alcohol in the previous 5-7 days and had
30 fasted overnight (12 hours). 14 controls subsequently
31 underwent further biochemical tests (following a 3 day
32 abstinence from alcohol) before and after a 24 hour
33 400-calorie diet¹⁴ to determine if they had GS. All
34 patients/controls were fully informed of the study and
35 gave consent for their blood to be used in this study.

1 Biochemistry and DNA Extraction

2

3 The following biochemical tests were performed on
4 control blood samples; alanine aminotransferase,
5 albumin, alkaline phosphatase, amylase, STB,
6 cholesterol, creatinine, creatine kinase, free
7 thyroxine, gamma-glutamyl-transferase, glucose, HDL-
8 cholesterol, HDL-cholesterol/total cholesterol, iron,
9 lactate dehydrogenase, percentage of saturated
10 transferrin (PSAT), proteins, serum angiotensin
11 converting enzyme, thyroid stimulating hormone,
12 transferrin, triglycerides, urate, urea. 14 controls
13 also had pre- and post-fasting (24 hour) alanine
14 aminotransferase, albumin, alkaline phosphatase, STB
15 and urate measured. DNA was prepared using the Nucleon
16 II Genomic DNA Extraction Kit (Scotlab) according to
17 manufacturer's instructions.

18

19 Genotyping

20

21 Polymerase Chain Reaction

22

23 Primer pairs A/B (A, 5'-AAGTGAACCTCCCTGCTACCTT-3'; B,
24 5'-CCACTGGGATCAACAGTATCT-3') or C/D (C, 5'-
25 GTCACGTGACACAGTCAAAC-3'; D, 5'-TTTGCTCCGCCAGAGGTT-3')
26 flanking the TATA box sequence upstream of the UGT1*1
27 exon 1 were used to amplify fragments of 253-255bp and
28 98-100bp, respectively. Amplifications (50 μ l) were
29 performed in 0.2mM of each deoxynucleoside triphosphate
30 (dATP, dCTP, dGTP, dTTP), 50mM KCl, 10mM Tris.HCl (pH
31 9.0 at 25°C), 0.1% Triton X-100, 1.5mM MgCl₂, 0.25 μ M of
32 each primer, 1 Unit of Taq Polymerase (Promega) and
33 human DNA (0.25-0.5 μ g). The polymerase chain reaction
34 (PCR) conditions using the Perkin-Elmer Cetus DNA
35 Thermal Cycler were: 95°C 5 min followed by 30 cycles
36 of 95° 30 sec, 58°C 40 sec, 72°C40 sec.

1 Direct Sequencing

2

3 Amplification was confirmed prior to direct sequencing
4 by agarose gel electrophoresis. Sequencing was
5 performed using [α -³⁵S]-dATP (NEN Dupont) with the USB
6 SequenaseTM PCR Product Sequencing Kit according to
7 manufacturer's instructions. Sequenced products were
8 resolved on 6% denaturing polyacrylamide gels. The
9 dried gels were exposed overnight to autoradiographic
10 film prior to developing.

11

12 Radioactive PCR

13

14 Amplification was performed as above using primer pair
15 C/D except that 2.5 pmol of primer C was radioactively
16 5' end-labelled with 2.5 μ Ci of [γ -³²P]-ATP (NEN Dupont)
17 prior to amplification. Products were resolved on 6%
18 denaturing polyacrylamide gels and the wet gels exposed
19 to autoradiographic film (-70°C 15 min) and the
20 autoradiographs developed.

21

22 Statistics

23

24 A t-test was used to determine if there was a
25 significant age difference between males and females.
26 χ^2 analysis was used to assess any difference in the
27 distribution of the 6/6, 6/7 and 7/7 genotypes in males
28 and females and also to determine if the 7/7 subjects
29 from the 24 hour fasted group had STB elevated into the
30 range diagnostic for GS¹⁴. An analysis of variance was
31 performed to compare mean STB in males and females
32 within each genotype group. A non-parametric test, the
33 Mann-Whitney U-Wilcoxon Rank Sum W Test was used to
34 determine whether there was a significant difference in
35 mean STB between males and females (irrespective of
36 genotype). Correlations and significance tests were

1 performed for STB versus PSAT and STB versus iron. A
2 probability (p) of < 0.05 was accepted as significant.
3

4 **Results**

5

6 There was no significant age difference between males
7 and females ($t = -1.38$, $p = 0.17$). Genotypes were
8 determined initially by amplification/sequencing and
9 later by the radioactive PCR approach. Individuals
10 homozygous for the common allele, hetrozygous or
11 homozygous for the rarer allele have the genotypes 6/6,
12 6/7 and 7/7, respective. 12 DNA samples (2 of 6/6, 3
13 of 6/7 and 4 of 7/7) were analysed by both methods and
14 genotype results were identical (see Figure 1).

15

16 Genotype frequencies in male controls were 6/6 (44.74%),
17 6/7 (44.74%), 7/7 (10.52%) and in female controls were
18 6/6 (35.9%), 6/7 (51.3%), 7/7 (12.8%). There was no
19 significant difference between the genotype proportions
20 in the two groups ($\chi^2 = 0.6$ at 2 df, $p = 0.7$). Control
21 h (encircled in Figure 2) had a STB which was 2.4 SD
22 above the mean STB for that group (mean calculated
23 including control h). The results for control h were
24 repeatable and he is currently being investigated to
25 exclude haemochromatosis. Comparison of mean STB in
26 males and females revealed that females have a
27 significantly lower concentration than males ($p = 0.031$
28 including control h; $p = 0.0458$ excluding control h).
29 There was a strong correlation between genotype and
30 mean STB concentration within the control group ($p <$
31 0.001) irrespective of whether control h was included
32 and there was a significant difference in mean STB
33 between males and females of the same genotype ($p <$
34 0.05) irrespective of whether control h was included
35 (see Figure 2). All patients studied had the 7/7
36 genotype.

1 Correlations between STB/PSAT ($r = 0.4113$, $p =$
2 0.001) (see Figure 2) and STB/iron females ($p = 0.001$)
3 than males ($p = 0.01$) but when control h is excluded
4 there was no significant correlation in males.

5

6 The STB concentrations of control who underwent the 24
7 hour restricted diet (see Methods) are shown in Table
8 1. The normal fasting response is a small rise in the
9 base-line STB (not exceeding a final concentration of
10 $25\mu\text{mol}/\text{l}$) most of which is unconjugated while GS
11 patients have a lone biochemical feature a raised STB
12 ($>25\mu\text{mol}/\text{l}$) but ($50\mu\text{mol}/\text{l}$) most of which is
13 unconjugated¹⁴. The 6/6 and 6/7 controls had post-
14 fasting STB of $\leq 23\mu\text{mol}/\text{l}$ while all 7/7 controls were
15 $\geq 31\mu\text{mol}/\text{l}$. Other liver function tests were within
16 acceptable ranges for the age and sex of the subjects.
17 The 7/7 genotype correlates with a fasted STB (24
18 hour) within the range diagnostic for GS¹⁴ ($p <$
19 0.01) (see Table 1). In addition, the 7/7 genotype
20 segregates with elevated STB concentration in a family
21 with 4 GS members (Figures 3).

22

23 Discussion

24

25 A few recent reports claim to have identified the
26 genetic cause of GS¹⁰⁻¹². Clinical diagnosis of GS is
27 often based on a consistent mildly elevated non-fasting
28 STB ($>17\mu\text{mol}/\text{l}$) as the sole abnormal liver function
29 test, intermittent jaundice or both. The diagnosis can
30 be confirmed by elevation of the STB to $25-50\mu\text{mol}/\text{l}$
31 after a 24 hour 400-calorie diet¹⁴ or by elevation of
32 the unconjugated bilirubin by $> 90\%$ within 48 hours of
33 commencing a 400 calorie diet¹³.

34

35 Sato's research group recently reported the occurrence
36 of 7 different heterozygous missense mutations in

1 unrelated Gilbert patients (most of the mutations have
2 been found in the homozygous state in affected members
3 of CN families), however, the non-fasted STB for these
4 patients were $> 52 \mu\text{mol/l}$ (with the exception of one,
5 $31 \mu\text{mol/l}$)^{10,12}. These non-fasted STB concentrations
6 already exceed the diagnostic range for GS¹⁴, hence
7 these patients have a more severe form of
8 hyperbilirubinaemia than those studied in this report,
9 while those in the Bosma et al¹² abstract had STB
10 concentrations similar to those studied here.

11

12 The example herein shows that the variation in the STB
13 levels after an overnight fast (and in the absence of
14 exposure to known inducers of the UGT1*1 isoform in GS,
15 such as alcoholic¹⁵ and drugs¹⁶) a representative group
16 of the Eastern Scottish population is primarily due to
17 (or associated with) the TATA box sequence variation
18 reported by Bosma et al¹². In agreement with previous
19 work females have a significantly lower mean STB
20 concentration than males¹⁷⁻¹⁸.

21

22 Individuals with the 7/7 genotype in the population
23 have GS (see Table 1). One of the 7/7 controls
24 indicated in Table 1 had a non-fasting STB similar to
25 those reported for heterozygous carriers of CN-2
26 mutations⁷⁻¹¹ which suggests that this subject may also
27 be a carrier of a CN-2 mutation, alternatively, the
28 very elevated bilirubin in this patient may be due to
29 the coexistence of Reavon's Syndrome (characterized by
30 a collection of abnormal biochemical results which are
31 risk factors for coronary heart disease)¹⁹.

32

33 We have found that 10-13% of the Eastern Scottish
34 population have the genotype associated with mild GS.
35 None of the Gilbert subjects from the control
36 population were aware that they had an underlying

1 metabolic defect in glucuronidation with testifies to
2 its benign nature. Three 7/7 controls had STB
3 concentrations comparable to mean levels observed in
4 heterozygotes, however, they also had a lower than
5 normal PSAT ($\leq 22\%$) (see Figure 2). The observed
6 correlation between STB and PSAT ($p = 0.001$) (Figure 2)
7 and STB and iron (females $p = 0.001$ and males $p = 0.01$
8 including control h) indicates that other genetic and
9 environmental factors affecting the serum PSAT and iron
10 values will in turn affect the STB concentration.

11

12 From the data presented here and previous reports it
13 seems clear that there are mild and more severe forms
14 of GS. The milder form (fasted STB $25-50\mu\text{mol/l}$) is
15 either caused by (or is associated with) a homozygous
16 2bp insertion at the TATA sequence upstream of the
17 UGT1*1 exon 1 (autosomal recessive inheritance) while
18 the rarer more severe dominantly inherited forms
19 identified to date⁷⁻¹¹ (non-fasted STB $> 50\mu\text{mol/l}$) are due
20 to heterozygosity for a mutation in the coding region
21 of the UGT1*1 gene which in its homozygous state causes
22 CN-2. The particular genetic abnormality causing GS in
23 a patient will have implications for genetic
24 counselling as the dominantly inherited form of two GS
25 patients could result in offspring with CN-2, whereas
26 the recessive form in one or both GS patients would
27 have less serious implications. It is important to
28 discriminate between the two forms and provide suitable
29 genetic counselling for such couples. The rapid DNA
30 test presented here (less than 1 day for extracted DNA)
31 carried out in addition to biochemical tests following
32 a 12 hour overnight fast (without prior alcohol or drug
33 intake would permit such a diagnosis. The compliance
34 rate for the current 24 and 48 hour restricted diet
35 tests for GS¹³⁻¹⁴ is debatable and hence the overnight
36 fast has obvious advantages and only one blood sample

1 or a buccal smear is required (for genetic and
2 biochemical analysis) in contrast to the 2-3 blood
3 samplings required for the 24 and 48 hour tests. This
4 approach to GS testing would be cost effective in terms
5 of fewer patient return visits to clinics and in
6 identifying couples at risk of having children with
7 CN-2.

8

9 In addition, the recent finding of an increased
10 bioactivation of acetominophen (a commonly used
11 analgesic which is eliminated primarily by
12 glucuronidation) in GS patients indicates the greater
13 potential for drug toxicity in these patients if
14 administered drugs which are also conjugated by UGT1
15 isoforms³. In fact, ethinylestradiol (EE2) has recently
16 been shown to be primarily glucuronidated by the UGT1*1
17 isoform in man²⁰ and hence this could have implications
18 for female Gilbert patients taking the oral
19 contraceptive who are then more predisposed to
20 developing jaundice.

21

22

23 The tests outlined herein have obvious implications for
24 setting up drug trials in understanding unusual results
25 in ruling out individuals who may be adversely affected
26 by the drugs or impositively choosing these individuals
27 to determine the effects of particular drugs on
28 hyperbilirubinaemia.

29

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Figure 1 a

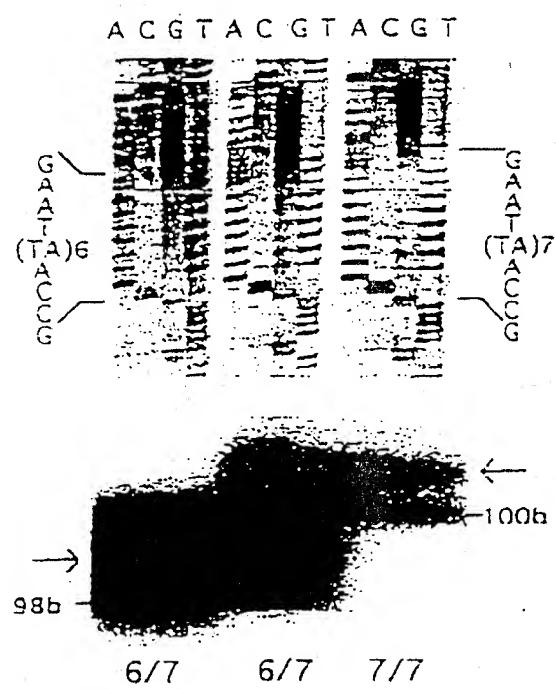
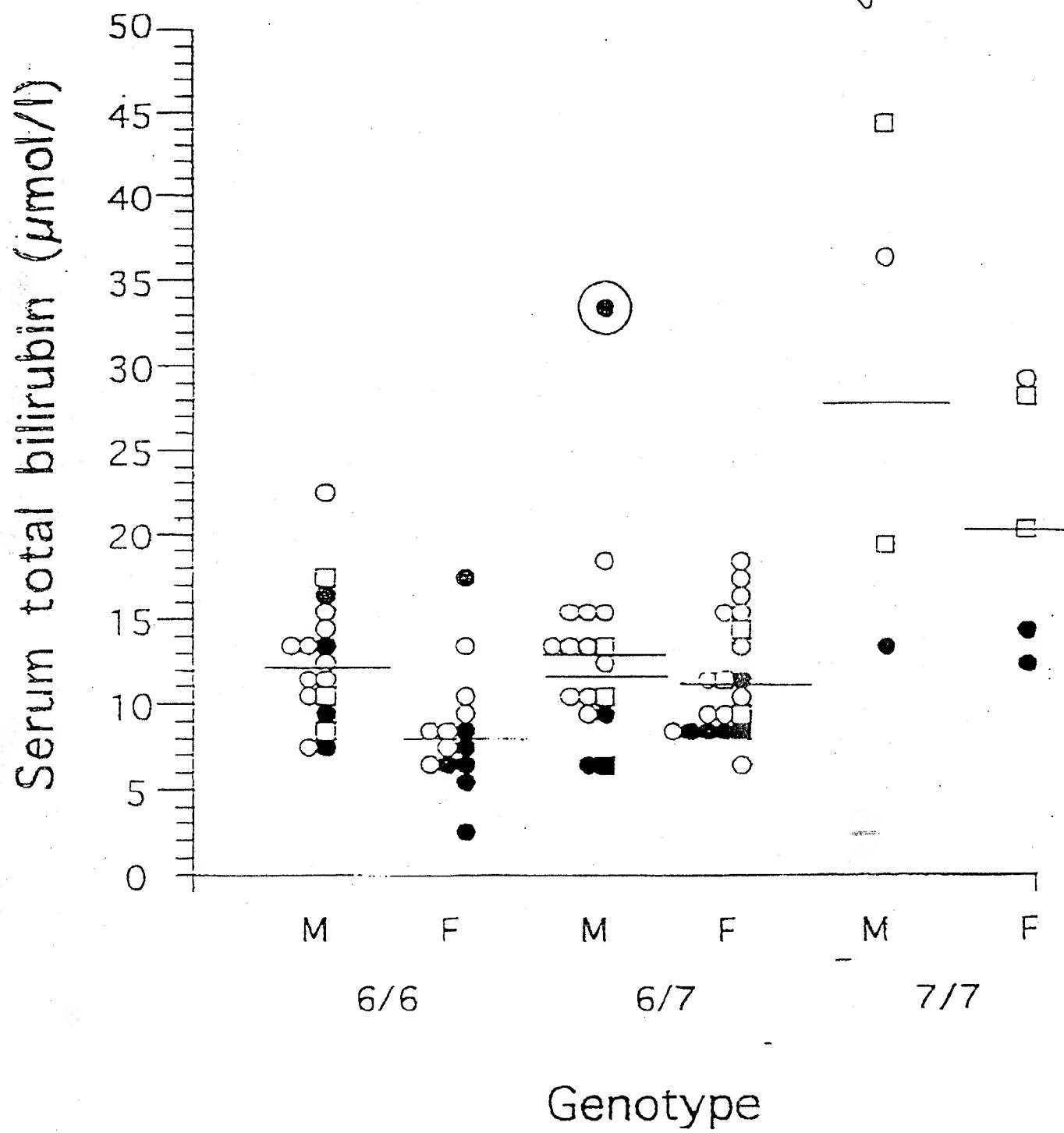


Figure 1 b

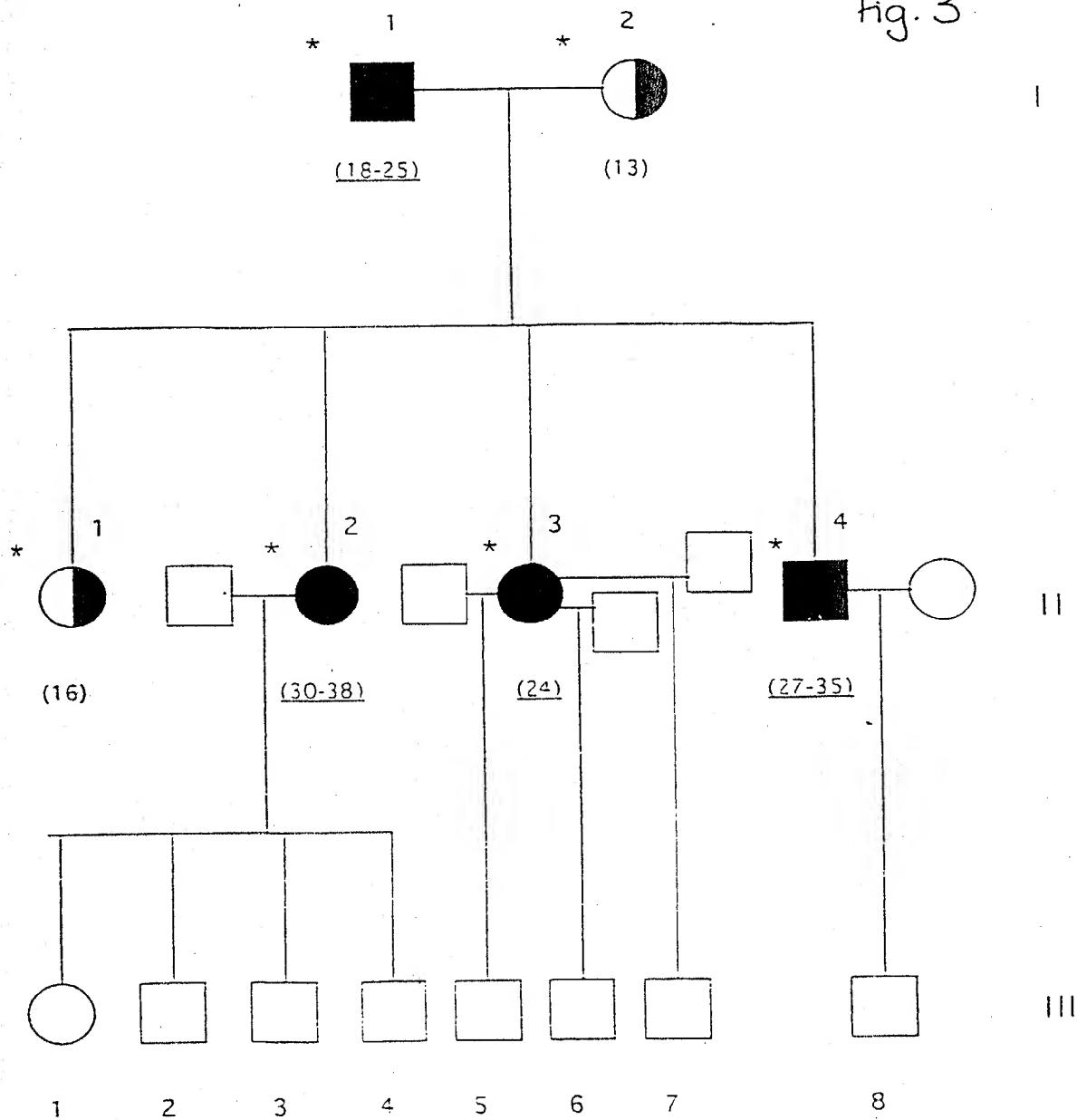


Figure 2



reagree showing Segregation of the Gilbert Phenotype with the (TA)₇TAA / (TA)₇TAA Genotype.

Fig. 3



I, II, III = generations in family

* = genetic and biochemical data available

□ male

■ ● homozygotes for the (TA)₇TAA allele

○ female

○ ● heterozygotes for the (TA)₇TAA and (TA)₆TAA alleles

(13) = total serum bilirubin

(18-25) = elevated total serum bilirubin

Figure 4

5 -611 **APL** GTGAGTCTGGCTCACCTCATGGCGTGGCTCGTGGTGGCTCTGCTGCAGCCTCCAA

-541 GACACCACACTGTGCTGGACTCAATAATAATGTTGGACGAAGGAATGAAACACATGATA

-491 CAAGTGAGCAGGCAGTACCGGGGAGCTGTGGAGTGGGACTCTTACAGGTTCCATGGC

-431 **APL** GAAACGGGGGGAGCTGTGTTCTTCTAAAGGCTTCTAAAAAGCCTCTGT

-371 TTAATTTCTGAAAGAAGCTAACTTGTCACTACATAGTCGCTCTCCCTCTGG

-311 TAACACTTGTGGTCTGTGGAAATACTAATTAAATGGATCCTGAGGTCTGGAAGTACTT

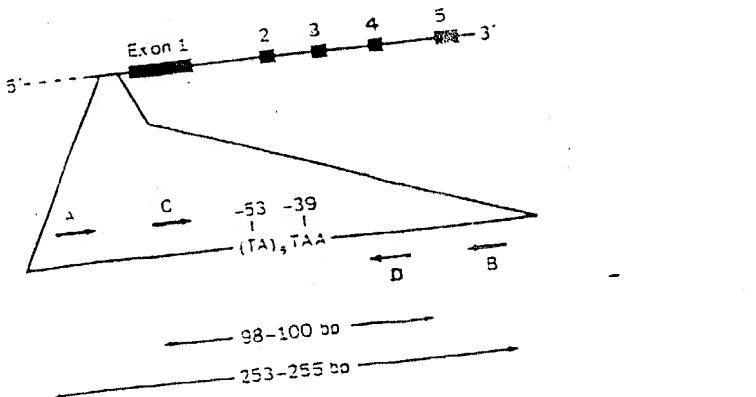
-251 TGCTGTGTTCACTCAAGAATGTGATTGAGTATGAAATTCCAGCCAGTTCAACTGTTGTT

-191 GCCTATTAAGAACCTAATAAGCTCCACCTTCTTATCTCTGAAAGTCAACTCCCTGCT

-131 ACCTTGTTGGACTGACAGCTTTATAGTCAGTGACACAGTCAAACATTAACCTGGTGT

-71 ATCGATTGGTTTGCCATATATATATATAAGTAGGAGAGGGCGAACCTCTGGAGGA

-11 GCAAAGGCGCCATGGCTGTG



| Genotype | Sex | 24 hour fast | | Fasting bilirubin >25 & <50 μ mol/l |
|----------|-----|--------------|-------|--|
| | | Before | After | |
| 6/6 | M | 8 | 17 | NO |
| | M | 9 | 19 | NO |
| | M | 12 | 15 | NO |
| 6/7 | F | 8 | 17 | NO |
| | F | 9 | 13 | NO |
| | F | 11 | 12 | NO |
| | F | 12 | 17 | NO |
| | M | 8 | 10 | NO |
| | M | 15 | 23 | NO |
| | M | 17 | 18 | NO |
| 7/7 | F | 9 | 34 | YES |
| | F | 12 | 34 | YES |
| | M | 19 | 31 | YES |
| | M | 62 | 96 | NO* |

TABLE 1